

For us, empty plates say it all!  
But don't just take our word for it ...

*"The food is  
yummilicious!"*

*"Best chicken curry  
in the universe."*

*"Great dinners  
- I love them!"*

For further information about  
Edsential's Catering service:

Visit: [www.edsential.com](http://www.edsential.com)

Email: [hello@edsential.co.uk](mailto:hello@edsential.co.uk)

Call: 0151 541 2170

@EdsentialUK



We're always on the look out  
for talented staff to join us.

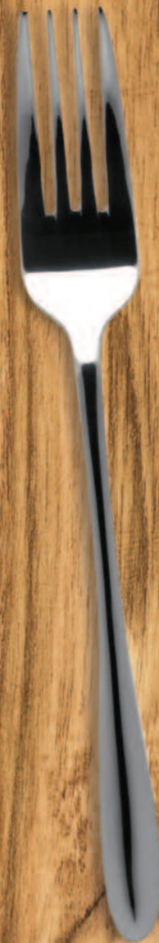
Visit: [www.edsential.com/careers](http://www.edsential.com/careers)

**Unsure if your child is  
eligible for free school meals?**

**You could save up to  
£500 per year, per child!**

**Search 'free school meals' on  
your local council's website to  
check your eligibility**

# WELCOME TO LUNCH



The world's first  
certified sustainable  
palm oil catering  
company



**SUSTAINABLE  
SCHOOL MEALS**



CATERING

# Our Menu

There are so many reasons parents, carers and children opt for an Edsential school lunch:

## Why children love Edsential lunches

- Eating together helps develop social skills
- Discovering new dishes and tastes
- Helps children cope better with the physical and mental demands of the school day
- Bespoke school menus based on their favourite meals
- Children can make their own meal choices
- Fun theme days throughout the year

## Why parents and carers love Edsential lunches

- Well balanced meals meet the School Food Standards
- No packed lunch to buy and prepare!
- Meals are freshly prepared using quality ingredients
- Menus cater for most allergens, special, cultural, ethical and religious diets
- Excellent value for money



# OUR SCHOOL MEALS make a **WORLD** of difference

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>					
<b>CHOICE 1</b>	 Sausages & Yorkshire Pudding served with Mashed Potato & Seasonal Vegetables & Gravy	 Tomato & Mascarpone Pasta served with Garlic Bread & Seasonal Vegetables	 Roast of the Day served with Roast/Mashed Potatoes, Seasonal Vegetables & Gravy	 Hot BBQ Chicken Wrap served with Vegetable Sticks or Seasonal Vegetables	 Battered Fish (MSC) served with Chips & Peas or Baked Beans
<b>VEGETARIAN VERSION OF THE ABOVE AVAILABLE DAILY</b>					
<b>CHOICE 2</b>	 Jacket Potato with a Selection of Fillings Served with a Side Salad	 Jacket Potato with a Selection of Fillings Served with a Side Salad	 Jacket Potato with a Selection of Fillings Served with a Side Salad	 Jacket Potato with a Selection of Fillings Served with a Side Salad	 Jacket Potato with a Selection of Fillings Served with a Side Salad
<b>DESSERT</b>	 Ice Cream & Fruit	 Chocolate Cookie	 Lemon Drizzle Cake	 Fresh Water Melon Wedge	 Snicker Doodle Biscuit

Available every day – Unlimited Salad, Freshly Baked Bread, Fruit Yoghurt, Fresh Fruit Platter & Chilled Water. For allergen information, please ask one of our Catering Team. All the above dishes are subject to availability.

Edsential CATERING

**Did you know your child's school serves the most ethical and highest quality school meals in the UK?**  
We carefully source every bite to bring young people the most sustainable, seasonal, healthy and super tasty food!

