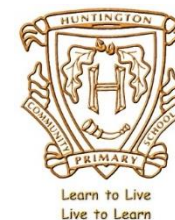




P.E. Curriculum: Long Term Planning



Nursery

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Introduction to PE: Unit 1	Fundamentals: Unit 1	Gymnastics: Unit 1	Dance: Unit 1	Ball Skills: Unit 1	Games: Unit 1

Outdoor area to be used as part of continuous provision to develop motor skills in accordance with EYFS framework.

Reception

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Introduction to PE: Unit 2	Fundamentals: Unit 2	Gymnastics: Unit 2	Dance: Unit 2	Ball Skills: Unit 2	Games: Unit 2

Outdoor area to be used as part of continuous provision to develop motor skills in accordance with EYFS framework.

Year One

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Fundamentals	Fitness	Team Building	Sending and Receiving	Target Games	Striking and Fielding
Dance	Ball Skills	Gymnastics	Yoga	Invasion	Athletics

Year Two

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Dance	Fitness	Team Building	Net and Wall	Striking and Fielding	Invasion
Fundamentals	Ball Skills	Gymnastics	Yoga	Target Games	Athletics

Year Three

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Gymnastics	Fitness	Swimming	Swimming	Dance	Outdoor Adventurous Activities
Fundamentals	Ball Skills	Football	Golf	Athletics	Dodgeball

Year Four

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Netball	Yoga	Dance	Handball	Athletics	Rounders
Tag Rugby	Hockey	Basketball	Tennis	Cricket	Gymnastics

Year Five

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Fitness	Netball	Volleyball	Dance	Rounders	Outdoor Adventurous Activities
Dodgeball	Football	Gymnastics	Golf	Athletics	Handball

Year Six

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Hockey	Gymnastics	Yoga	Basketball	Dance	Outdoor Adventurous Activities
Tag Rugby	Tennis	Netball	Badminton	Athletics	Cricket